

# Selvarajan Yesudian

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#### **Selvarajan YESUDIAN Elisabeth HAICH - Makon**

Selvarajan YESUDIAN & Elisabeth HAICH SPORT A JÓGA Přeloženo podle X vydání z roku 1960 Verlag: Eduard Fankhauser, Thielle, Neuchatel, Schweiz Do té doby vyšlo 315 000 výtisků v Maďarsku, Švýcarsku, NSR, Francii, Holandsku, Anglii, USA

#### **WHERE WE'VE**

Selvarajan Yesudian 6/22/19 5 Swami Vishnu Devananda THEOSOPHICAL SOCIETY ADIYAR, INDIA 6/22/19 6 CHARAN DAS (RAY ANGONA) LARRY WITH BKS IYENGAR 6/22/19 7 LARRY AND INDRA DEVI SATHYA SAI BABA 6/22/19 8 BHAGWAN SHREE RAJNEESH OSHO Yogendraji Yoga

Institute of Santa Cruz Dr MV Bhole Kaivalyananda P Parameswaran Vivekananda Yoga Kendra ...

### **Selvarajan YESUDIAN: Sebevýchova jógou**

My wanderinge done yet still alone, Home-ward bound I pace my days Toward the home gave me birth Naše práce na Západě Okolnosti jsou našimi nejlepšími přáteli v nouzi

### **Die sieben typischen Merkmale der Übungsweise Yesudian-Haich**

Die sieben typischen Merkmale der Übungsweise Yesudian-Haich Die sieben typischen Merkmale des Yoga-Stils nach Selvarajan Yesudian in Zusammenarbeit mit Elisabeth Haich sind: 1 Der Stundenaufbau mit seiner klaren, wiederkehrenden Struktur Beginn mit einer kurzen Versenkung (bewusst Ruhe erleben), die mit einem

### **SPORT - terebess.hu**

Selvarajan Yesudian Haich Erzsébet SPORT ÉS JÓGA Az indiai származású Selvarajae híren Yesudias n művében a tökéletes egészség megszerzésének és megőrzésének módszereit ismerteti, bizonyítva a hatha jóga testet-lelket egyaránt gyógyító erejét Húszéves korában „belső indíttatásra” hosszabb európai útra indult, melynek elsődleges céljaként a keleti

### **Die sieben Prinzipien der Übungsweise Yesudian-Haich**

548 Yoga Textbuch - Yoga Journal Verlag, CH-2613 Villeret - www.yoga-journal.ch Die sieben Prinzipien der Übungsweise Yesudian-Haich Christain Fuchs\* Die besondere Übungsweise im Yoga, die Selvarajan Yesudian - in kongenialer Zusam-

### **Elisabeth Haich - Initiation [English, illustrated - proof...]**

SELVARAJAN YESUDIAN Zurich, April 1962 CONTENTS Author's Note page 7 Foreword 9 Introduction 15 1 Awakening 19 2 Lion and Light 27 3 My Parents are not 'My' Parents 30 4 Sunrise is Different 35 5 I want to get Away 39

### **HATHA-YOGA**

Selvarajan Yesudian je u našoj prvoj zajedničkoj knjizi „Sport i yoga” izložio jednostavne klasične hatha-yoga vježbe koje je bez obzira na zdravstveno stanje ili dob s mnogo uspjeha i bez opasnosti mogao izvoditi, pa i ovdje na Zapadu, svatko Mnogo učenika već godinama izvodi ove vježbe, tako da je

### **Bibliography on Yoga**

Yesudian, Selvarajan Yoga und schicksal : Yoga und Selbstheilung wie man ein yogi wird 18145 YES G2029 Zimmer, Heinrich Yoga und Buddhismus Indische Sphären 294345 ZIM

### **61 50 STRONG YEARS**

former yoga teacher, Selvarajan Yesudian: It was much easier for him He only had to move a few yoga mats Once at the new premises at Grüngasse 21 in Zürich, busi-ness really took off In 1967, exactly 50 years ago, I formed a one-man limited company The number of customers in-creased to more than 200 This was followed by the arrival

### **E. F. Schumacher and Intermediate Technology**

of teacher, Selvarajan Yesudian So significant was the effect of all these readings and activities that, by 1953, Schumacher could report to his wife that he was undergoing a reorientation in his “entire attitude to life”<sup>5</sup> The third, and arguably most deep and long-lasting, influence upon Schumacher was his

### **The Beginnings of Yoga in Germany Excerpts from a lecture ...**

Indian teacher Mr Selvarajan Yesudian (1916-1998) in Switzerland During the summer semester, there was the Yoga summer school in Ponte Tresa /

in Ticino on Lake Lugano During the winter semester Mr Yesudian taught in the Swiss cities My yoga teacher, Ingeborg Kurig, had

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**Samoléčení, joga a osud**

Selvarajan Yesudian PŘEDMLUVA Na konci minulého století přišel na Západ prostý indický mnich a měl mnoho přednášek o vedantské filozofii Indie a různých systémech jógy, které udělaly velký dojem na Ameriku, Anglii a další evropské země Tento mnich se jmenoval Swami Vivekananda Bylo ...

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(Selvarajan Yesudian and Elisabeth Haich) [Reproduced from the book “Raja Yoga”, by Selvarajan Yesudian and Elisabeth Haich, George Allen & Unwin Ltd, London, 1970, 161 pp, p 19] A New, Intercultural Website on Spirituality Today: Russian Faith C lick here to see the new website Russian Faith Remember that HP Blavatsky said Russia is “ the only country where the pure ideal of